

BabySemp 1 BabySemp 1 Lemolac BabySemp 1 Lemolac SensiPro

Breast milk substitute from birth

HOW TO PREPARE



1 Always wash your hands before preparing BabySemp 1/
BabySemp 1 Lemolac/
BabySemp 1 Lemolac SensiPro



2 Make sure the nipple, bottle and saucer are clean.



3 Bring the cold water to a boil. Let cool to feeding temperature.



4 Measure the water out into the feeding bottle.



5 Add the correct number of scoops of powder to the bottle. Remember, they must be level scoops!



6 Close the bottle and shake until the powder is dissolved.



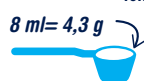
7 Check the mixture is not too hot with a few drops on the inside of your wrist. Always taste first before giving to your child.



8 Serve BabySemp freshly prepared. Any leftovers cannot be saved.

DOSAGE TABLE

Water	Powder	Prepared amount
60 ml	2 scoops	65 ml
90 ml	3 scoops	100 ml
120 ml	4 scoops	135 ml
150 ml	5 scoops	165 ml
180 ml	6 scoops	200 ml
210 ml	7 scoops	235 ml
240 ml	8 scoops	265 ml



USE THE ENCLOSED DOSAGE SCOOP!
Using the right amount of powder in relation to the amount of water is important. Too much powder can cause constipation. Too little powder means your child isn't getting enough energy and nutrition.

Important! If breastfeeding is working, breast milk is the best food for your young child.

USAGE

Always consult with Barnvårdscentralen about your child's food. BabySemp 1/
BabySemp 1 Lemolac/BabySemp 1 Lemolac SensiPro are used as supplements to or replacements for breast milk on the recommendation of BVC or a pediatrician, and cover nutritional needs in children up to the age of 6 months. BabySemp 1 Lemolac/SensiPro have been acidified; the protein is thereby partially broken down and becomes softer. You can see this in a prepared batch of BabySemp 1 Lemolac/SensiPro, which is slightly flaky.

SUGGESTED QUICK METHOD FOR BABY BOTTLE

1. Boil cold water
2. Measure out half the hot water into the baby bottle and fill it up with cold water from the fridge (pre-boiled) up to the right amount. Add the right amount of powder into the bottle.
3. Seal the bottle tightly and shake until the powder dissolves.
4. Check the mixture is not too hot with a few drops on the inside of your wrist. Always taste first before giving to your child.



▶ WATCH OUR PREPARATION FILM!



PORTION TABLE

Child's age	Amount per meal	Meals per day	Amount* per day
0-1 mo.	80-150 ml	5-6	400-700 ml
1-2 mo.	100-160 ml	5	600-800 ml
2-4 mo.	140-200 ml	5	700-1000 ml
4-6 mo.	140-250 ml	4-5	700-1200 ml

*Amounts indicated in the table are approximate, as all children do not eat equally as much. As with children who are breast-feeding, parents providing a substitute should let the child control how much and how often they want to eat. Children themselves regulate their intake according to their needs. The table therefore functions only as a guide.



BEST BEFORE

See top of package. Opened packages should be consumed within 1 month.

STORAGE

Keep in a dark, dry place not over normal room temperature. Always store the powder in its original packaging.

DO YOU HAVE QUESTIONS OR OPINIONS?

Please call us!
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OMEGA 3&6
GOS
NUCLEOTIDES



RESEARCH & DEVELOPMENT IN CONSULTATION WITH PEDIATRICIANS

Small children may have difficulties forming sufficient amounts of the long-chain polyunsaturated omega-3 (DHA) and omega-6 (ARA) fatty acids by themselves. That's why they're included in BabySemp 1/BabySemp 1 Lemolac/BabySemp 1 Lemolac SensiPro. BabySemp 1/BabySemp 1 Lemolac/BabySemp 1 Lemolac SensiPro also contain nucleotides and GOS (galactooligosaccharides/fibers).

Semper
NUTRITION