

BabySemp 3

Supplementary nutrition from 9 months

HOW TO PREPARE



1 In the microwave: Measure out cold water into the feeding bottle and add the correct number of level scoops of powder.



2 Close the bottle and shake until the powder is dissolved.



3 Heat without lid and nipple on full power for approximately 40 sec.



4 See that the mixture is not too hot before you give it to your child.



5 Serve freshly prepared. Any leftovers cannot be saved.



In a saucepan: Blend together the correct amount of powder and cold water in a saucepan and heat to feeding temperature.

DOSAGE TABLE

Water	Powder	Prepared amount
60 ml	2 scoops	65 ml
90 ml	3 scoops	100 ml
120 ml	4 scoops	135 ml
150 ml	5 scoops	165 ml
180 ml	6 scoops	200 ml
210 ml	7 scoops	235 ml
240 ml	8 scoops	265 ml



USE THE ENCLOSED DOSAGE SCOOP!
Using the right amount of powder in relation to the amount of water is important. Too much powder can cause constipation. Too little powder means your child isn't getting enough energy and nutrition.

HOW LARGE A PORTION?

How much food is needed varies from child to child. The amount of supplementary nutrition your child needs therefore also varies.



USAGE

Always consult with Barnvårdscentralen about your child's food. BabySemp 3 is supplementary nutrition and is used only as an addition to your child's increasingly varied food. BabySemp 3 is suitable only for children over the age of 6 months and is recommended from the age of 9 months. BabySemp 3 is not to be used as a replacement for breast milk during your child's first 6 months. Serve BabySemp 3 in a mug or feeding bottle.



BEST BEFORE

See top of package. Opened packages should be consumed within 1 month.

STORAGE

Keep in a dark, dry place not over normal room temperature.

DO YOU HAVE QUESTIONS OR OPINIONS?

Please call us!
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www.semperbarnmat.se

▶ **WATCH OUR PREPARATION FILM!**



OMEGA-6
GOS
IRON
VITAMIN D
IODINE



RESEARCH & DEVELOPMENT IN CONSULTATION WITH PEDIATRICIANS

BabySemp 3 contains a carefully selected mix of milk fats and vegetable oils, which we call Lipilact. The mix contains long-chain polyunsaturated fatty acids, as well as several substances found in the milk fat globule membrane (MFGM) such as phospholipids, gangliosides and glycoproteins. Small children may have difficulties forming long-chain polyunsaturated omega-6 (ARA) fatty acid in sufficient amounts by themselves. That's why it's included in BabySemp 3. Iron contributes to normal intellectual development and comprehension in children. Vitamin D is necessary for bones to grow and develop normally, and iodine contributes to a child's normal growth. BabySemp 3 is therefore enriched with iron, vitamin D, and iodine, and contains GOS (galactooligosaccharides/fibers).

Semper
NUTRITION